LOCATION
Level 1, 44 Musk Avenue, Kelvin Grove QLD 4059
The QUT Health Clinics are located across the road from Woolworths in Kelvin Grove Urban Village.

TRANSPORT
QUT Health Clinics are accessible by wheelchair. Several mobility impaired parking spaces are located in the basement level of the clinic building.

Assistance with transport may be available for clients who have difficulty visiting the Wound Healing Service. Please enquire when you book your appointment.

Taxi
Taxi drop-off is located at the ground floor entrance in Musk Avenue.

Parking
Complimentary undercover parking is available for clinic appointments. A QUT Clinic parking permit must be displayed. Upon booking confirmation, a parking permit will be mailed. If you do not receive your parking permit, it may be collected from reception at the time of your appointment. Please allow an extra 10 minutes to collect the permit and place the permit inside your vehicle windshield.

Entrance to the car park is via Blamey Street. Drive down the ramp to the boom gate. Press the QUT Health Clinic button you require and hold, and the gate will open.

Turn right after the boom gate and follow the signs to QUT parking.

Public transport
For information on train/bus services to the QUT Kelvin Grove campus contact transinfo on 13 12 30 or visit www.transinfo.qld.gov.au.

Hours of Operation
Dates and times will be advertised as each program is offered. Please contact 07 3138 9777 or visit healthclinics.qut.edu.au

Contact Us
Phone 07 3138 9777
Email healthclinics@qut.edu.au
Address 44 Musk Avenue, Kelvin Grove QLD 4059
Web healthclinics.qut.edu.au

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QUT Health Clinics provide affordable and professional services in Nutrition and Dietetics for children, adolescents and adults. Our services are offered to the general public as well as students and staff of QUT. No referral is necessary to attend this service. Services are provided on both an individual one-on-one basis and through group education sessions.

All clients attending the Nutrition and Dietetics service receive a comprehensive nutrition assessment and individualised dietary advice by nutrition and dietetics students under direct supervision of a fully qualified Accredited Practising Dietitian (APD).

Individual consultations conducted solely by an Accredited Practising Dietitian (without students) are available at QUT Health Clinics for an increased but affordable cost.

Accredited Practising Dietitians (APDs) are recognised professionals with the qualifications and skills to provide expert nutrition and dietary advice.

They know about food and health and can help you sort through the maze of nutrition information. APDs also have clinical training to modify diets to treat conditions such as diabetes, heart disease, cancers, gastro-intestinal diseases, food allergies and intolerances, weight issues and obesity.

Services

The Nutrition and Dietetics service at QUT Health Clinics offers clients evidence based, personalised dietary advice for the management of:

- Diabetes
- Heart disease
- Weight management
- Gastrointestinal disorders and diseases
- Cancer
- Before and after surgery
- Pregnancy and lactation
- Healthy eating for the whole family
- Nutrition support
- Age and illness related malnutrition
- Food intolerance and allergy

Depending on your individual requirements, you may be provided with:

- a personalised eating plan or nutritional guidelines
- education and information regarding your condition and its relationship with your diet
- practical advice about healthy eating, for example:
  - reading food labels
  - healthy ways to prepare food
  - choosing the best foods for you when shopping and eating out.

COSTS

Fees are low cost and include comprehensive thorough service. Clients of the QUT Health Clinics Nutrition and Dietetics service may be eligible for rebates from Medicare, private health insurers or the Department of Veterans Affairs (DVA), depending on their circumstances. Please contact 07 3138 9777 or visit healthclinics.qut.edu.au

Consultations

During the consultation you will be asked to provide personal information which will allow for an accurate assessment of your nutritional status and more targeted dietary advice. This information may include:

- medical history
- current medications
- biochemical and metabolic test results
- family medical history
- gastrointestinal symptoms
- dietary pattern
- social and lifestyle factors.

Any information disclosed to us will be strictly confidential as detailed in our privacy policy.