QUT Health Clinics – Podiatry Clinic provides high-quality podiatric clinical education and patient care to the community. All patients attending the Podiatry Clinic receive comprehensive examinations by podiatry students under the direct supervision of fully-qualified podiatrists.

No referral is necessary to attend the clinic. Following the initial consultation, patients may be requested to return for further specialist services. The low-cost service uses the most up-to-date research and equipment and offers extended opening hours to meet your needs.

GENERAL PODIATRY CARE

The QUT Podiatry Clinic offers comprehensive general foot care including treatment of nails, corns, callus, bunions, cracked heels, and dry skin.

The service has a specific focus on the foot care and maintenance of people with diabetes and uses the latest in diagnostic and therapeutic equipment, dressings and advice.
SPECIALIST SERVICES

BIOMECHANICS AND GAIT ANALYSIS
Examination and treatment of problems relating to lower limb function from a whole body perspective. Patients are reviewed while standing, walking and running, so that a complete picture of lower limb function can be established.

ORTHOTIC PRESCRIPTION AND DISPENSING
This service allows patients to obtain a custom-made in-shoe device which has been precisely designed for their individual requirements. This includes lower limb orthoses, splints and braces. These services are available to all members of the community.

PHYSICAL MEDICINE
Provides a full range of treatment for musculoskeletal and sports injury, including ultrasound, heat therapy, laser therapy, dry needling, joint mobilisation/manipulation and strapping, as well as muscle stretching and strengthening exercise programs.

VASCULAR AND SENSORY ASSESSMENT
Provides assessment for patients with poor circulation and inadequate sensation in the feet. Vascular examination includes assessment of the large and small blood vessels. Sensory tests measure nerve function and are particularly important in patients with diabetes.

COMPUTERISED GAIT AND PLANTAR PRESSURE ANALYSIS CLINIC
Provides a scientific evaluation of human walking, including essential information for the diagnosis and treatment of lower limb disorders. One of the specific applications of this technology is in the diagnosis and management of diabetic foot problems and sports injury.

SURGERY
Treatment of ingrown toenails, plantar verrucae (warts) and other skin lesions requiring surgical intervention. All procedures are performed under local anaesthetic.

PAEDIATRICS CLINIC
Children as young as nine months and up to 18 years of age are seen in our specialised Paediatrics Clinic. Conditions such as skew foot, in-toeing, flat feet, high arches, heel pain, growing pains and other foot problems are effectively treated in this clinic.

HIGH RISK FOOT CLINIC
Provide special services for patients with complex podiatry needs.

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