QUT Health Clinics are accessible by wheelchair. Several mobility impaired parking spaces are located in the basement level of the clinic building.

Taxi
Taxi drop-off is located at the ground floor entrance in Musk Avenue.

Parking
Complimentary undercover parking is available for clinic appointments. A parking permit will be provided for your appointment, so please contact reception for more information.

Public transport
For information on train/bus services to the QUT Kelvin Grove campus contact TransLink on 13 12 30 or visit www.translink.com.au
Individual Consultations
Clients attending the Nutrition and Dietetics service can receive a comprehensive nutrition assessment and personalised dietary advice for managing:

- Diabetes
- Heart disease
- Gastrointestinal disorders and diseases
- Nutrition for sport and performance
- Before and after surgery
- Pregnancy and lactation
- Healthy eating for the family
- Nutrition support
- Age and illness related malnutrition
- Food intolerance and allergy
- Children’s health
- Cancer.

Depending on your individual requirements you may be provided with:

- Personalised eating plan or nutritional guidelines
- Education and information regarding your condition and its relationship with your diet
- Practical advice about healthy eating:
  - reading food labels
  - healthy ways to prepare food
  - choosing the best foods when shopping and eating out.

Confidentiality
During the consultation you will be asked to provide personal information which will allow for an accurate assessment of your nutritional status and targeted dietary advice. Any information disclosed to us will be strictly confidential as detailed in our privacy policy. This information may include:

- medical history
- current medications
- biochemical and metabolic test results
- family medical history
- gastrointestinal symptoms
- dietary pattern
- social and lifestyle factors.