

Belief Effect Scale Development

QUT Ethics Approval Number 9904

Research team

Principal Researcher: David Holt PhD student
Associate Researchers: Associate Professor Vince Kelly Principal Supervisor
Dr. Tristan Coulter Associate Supervisor
**School of Exercise and Nutrition Science/Faculty of Health
Queensland University of Technology (QUT)**

Why is the study being conducted?

This research project is being undertaken as part of a PhD study for David Holt

The purpose of this project is to develop a questionnaire that measures people's beliefs and about health interventions and treatments. Currently, there is no reliable tool available to understand what people think and feel about different health approaches, which makes it difficult for researchers and healthcare professionals to improve patient care and develop better health services. This research aims to create a questionnaire that can accurately capture these beliefs, which will ultimately help healthcare providers better understand their patients' perspectives and tailor treatments accordingly.

You are invited to participate in this research project because you are an individual 18 years or older who is currently receiving a health intervention at Queensland University of Technology or an associated health clinic.

What does participation involve?

Your participation will involve an audio recorded / video recorded interview at the University of Queensland, Kelvin Grove Campus or other agreed location that will take approximately 45 - 60 minutes of your time.

Questions will include whether the items in our draft scale are clear, easy to understand, and make sense to people who receive health interventions like yourself. During your interview, you will help us identify any confusing or unclear questions, suggest better ways to word items, and ensure that the questionnaire works well for people from different backgrounds and with different health experiences.

Your participation in this research project is entirely voluntary. If you do agree to participate you can withdraw from the research project without comment or penalty. You can withdraw anytime during the interview. If you withdraw within 2 weeks after your interview, on request any information already obtained that can be linked to you will be destroyed. Your decision to participate or not participate will in no way impact upon your current or future relationship with QUT (for example in receiving further treatment at a QUT clinic).

You will be able to review a transcript of your responses after the interview.

What are the possible benefits for me if I take part?

It is expected that this research project will not benefit you directly. The outcomes of the research, however, may benefit researchers seeking to understand how belief can impact health interventions, practitioners looking to improve client outcomes, and individual's receiving a health-related intervention. You can request a brief summary of the outcomes of the study by providing an email address to the principal researcher.

What are the possible risks for me if I take part?

There are no risks beyond normal day-to-day living associated with your participation in this research project.

What about privacy and confidentiality?

All comments and responses are coded i.e. it will be possible to re-identify you. A re-identifying code stored separately to personal information (e.g. name, address), will only be accessible to the research team, and the code plus identifying information will be destroyed 2 years after publication of any relevant research.

Any data collected as part of this research project will be stored securely as per QUT's Management of research data policy. Data will be stored for a minimum of 5 years, and can be disclosed if it is to protect you or others from harm, if specifically required by law, or if a regulatory or monitoring body such as the ethics committee requests it.

As the research project involves an audio/video recording:

- You will have the opportunity to verify your comments and responses prior to final inclusion.
- The recording will be retained for the minimum retention period of 5 years after the last research activity.
- The recording will not be used for any other purpose.
- Only the named researchers will have access to the recording.
- It is possible to participate in the research project without being recorded.

Every effort will be made to ensure that the data you provide cannot be traced back to you in reports, publications and other forms of presentation. For example, we will only include the relevant part of a quote and we will not use any names. Nevertheless, while unlikely, it is possible that if you are quoted directly your identity may become known.

How do I give my consent to participate?

We would like to ask you to sign a written consent form (enclosed) to confirm your agreement to participate.

What if I have questions about the research project?

If you have any questions or require further information please contact one of the listed researchers:

David Holt dp.holt@hdr.qut.edu.au
Vince Kelly vkelly6@qut.edu.au

What if I have a concern or complaint regarding the conduct of the research project?

QUT is committed to research integrity and the ethical conduct of research projects. If you wish to

discuss the study with someone not directly involved, particularly in relation to matters concerning policies, information or complaints about the conduct of the study or your rights as a participant, you may contact the QUT Research Ethics Advisory Team on +61 7 3138 5123 or email humanethics@qut.edu.au.

Thank you for helping with this research project. Please keep this sheet for your information.