

REFERRALS

Referrals to QUT Health Clinics are welcome, although not required apart from the Exercise Physiology Clinic or condition-specific programs. A referral form is available on our website at www.healthclinics.qut.edu.au, and we accept General Practitioner Management Plans and Team Care Arrangements.

COMMUNITY OUTREACH

Through our Outreach clinics we are able to bring healthcare directly to the community, including regional and Indigenous communities, and people with diverse socio-economic backgrounds.

We regularly visit schools, refugee organisations and aged care centres, and participate in outreach events for people experiencing homelessness and Aboriginal and Torres Strait Islander communities.

An additional benefit of these activities is reaching out to sections of the community who might otherwise never engage with a university. We're able to showcase the diversity of careers available in health and increase students' confidence in considering tertiary study.

We've introduced Telehealth as a service option in some clinics, enabling clients to access care using video-conferencing technology from home or from remote hospitals; improving health outcomes and helping tackle inequalities.

For many of our clients, accessing care elsewhere is difficult and expensive, so we work to provide coordinated care and easy access to a great value service.



CONTACT US

Phone **07 3138 9777**
Address **44 Musk Avenue, Kelvin Grove QLD 4059**
Web **healthclinics.qut.edu.au**
Facebook **fb.me/QUTHC**



TRANSPORT

QUT Health Clinics are accessible by wheelchair. Several parking spaces for clients with mobility impairment are located in the basement level of the clinic building.

Taxi

A taxi rank is located near the ground floor entrance on Musk Avenue.

Parking

Complimentary undercover parking is available for clinic appointments and a parking permit will be provided by reception.

Public Transport

Detailed bus route information is available on our website, or contact Translink on 13 12 30.

QUT Health Clinics

NO REFERRAL NECESSARY NEW PATIENTS WELCOME FREE PARKING

Providing **state-of-the-art collaborative clinical education and patient care** to the **community in one location.**



PODIATRY

OPTOMETRY

**PSYCHOLOGY
AND COUNSELLING**

**EXERCISE
PHYSIOLOGY**

**NUTRITION AND
DIETETICS**

**EATING
DISORDERS CLINIC**

SOCIAL WORK

OPEN TO THE PUBLIC

Phone **07 3138 9777**

44 Musk Avenue, Kelvin Grove Qld 4059

www.healthclinics.qut.edu.au

a university for the **real world**[®]

CRICOS No. 00213J

THE QUT HEALTH CLINICS DIFFERENCE

QUT Health Clinics exists to provide state-of-the-art and affordable health care to our local community, and to provide the clinical experience our Faculty of Health students need to prepare them for their futures as health professionals.

To both these ends, our clinics are equipped with the latest technology and our real-world supervisors train students in advanced techniques. Healthcare advice provided to clients is always supported by the most current research evidence.

Our clients are an essential ingredient in our success, and we value and appreciate each individual sharing your unique combination of health concerns and permitting us to help safeguard your future vision, mobility, health and wellness. Our students are here to learn as they provide the care and communication you expect of healthcare professionals.

Students lead each appointment, applying their education while guided by established and eminent clinicians recruited from private practice. Healthcare delivery is fully supervised and findings confirmed by these leading practitioners, who frequently maintain their appointments in allied health businesses or the public system, bringing current knowledge of the highest industry standards.

As Australia's largest and longest-established clinical training centre of its kind, QUT Health Clinics has led the way in providing an integrated and multidisciplinary model of care to meet the needs of diverse clients of all ages – including both clients with complex and chronic health conditions, and those who simply wish to maintain their current good health and lifestyle.

We look forward to welcoming you as you experience the QUT Health Clinics difference!

To make an appointment or with any queries, call us on 07 3138 9777 or visit our website www.healthclinics.qut.edu.au



CLINICS

QUT Health Clinics offers services from the following clinics over three levels at 44 Musk Ave, Kelvin Grove:

Podiatry

The Podiatry Clinic provides high-quality podiatric patient care to the community. The clinic has dedicated sports, diabetes and high risk foot clinics, paediatric facilities, and surgery services. Clients of all ages may visit the clinic for general foot and nail care, orthotics, sporting injuries and taping, diabetic assessment and foot care, and conditions such as ingrown toenails, achilles tendinopathies, ankle sprains and plantar fasciitis.

Optometry

The Optometry Clinic provides eye examinations, lens prescriptions and eye wear, as well as specialist services including contact lenses, children's vision, myopia clinic and low vision clinic. With state-of-the-art equipment, the clinic is able to conduct advanced testing and monitoring of progressive conditions such as glaucoma and diabetic retinopathy.

Psychology and Counselling

The Psychology and Counselling Clinic provides affordable, evidence-based professional psychological assessments, individual therapy, group programs, family therapy and counselling services for the general public. As well as assessments of cognitive abilities, personality, learning difficulties and attention or memory issues, the clinic assists clients of all ages with a range of emotional, behavioural and relationship issues.



Exercise Physiology

The Exercise Physiology Clinic provides specialised clinical exercise interventions for persons at risk of developing, or with existing chronic and complex medical conditions and injuries. Exercise consultations and closely supervised group classes for specific medical conditions form the basis of therapy, rehabilitation and support. Please seek a referral from your allied health or medical professional for consultation.



Nutrition and Dietetics

The Nutrition and Dietetics Clinic provides comprehensive nutrition assessments and individualised dietary advice for the management of health concerns and sports performance. Along with programs for conditions such as diabetes, the Clinic can help clients plan a balanced diet for allergies and food intolerances, weight loss/gain, or picky eating, taking into account individual likes and dislikes.

Eating Disorders

The Eating Disorders Clinic offers an interdisciplinary approach for individualised treatments for adolescents and adults with eating disorders other than Anorexia Nervosa. Treatment is overseen by a GP, with support from Nursing staff and students from Social Work, Psychology and Counselling and Nutrition and Dietetics.

Social Work

Social work services focus on working with and supporting people to achieve the best possible levels of personal and social wellbeing. Social work recognises the impact of social, economic, emotional and physical factors on a person's overall health and wellbeing. Clients of the Social Work Clinic may receive support and referrals around a range of issues, including housing, crisis support and financial issues.