QUT Health Clinics



Reflecting Team Services

Offering professional supervision in a team-based environment.

When you make an appointment with us, you will have one main supervisor and a small consultation team who listen to your story. This provides more ideas for your issue.

This unique way of working utilises different spaces, including a therapy room and an observation room, to connect with people's existing knowledge and capacities and focus them on solutions.

The Psychology and Counselling Reflecting Teams have been offering this service for 20 years and have seen hundreds of people for professional supervision from a broad range of professional contexts and backgrounds, including:

- counsellors and therapists in private practice
- child protection and family support workers
- youth and advocacy workers
- teachers and educators
- mental health workers
- social workers and psychologists
- community workers.

Once experienced, this collaborative, team-based approach often becomes the preferred option for many people who say they feel supported by the process and find it helpful to hear multiple perspectives.



Main supervisor and supervisee in session with the Reflecting Team observing.



Reflecting Team observing the main supervisor and supervisee.



Reflecting Team discussing while observed by main supervisor and supervisee.

Cost

\$45

or

(concession)

Contact

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